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McMorris Rodgers to Help Seniors with High Energy Costs

(Spokane, WA) The high energy costs affect everyone in Eastern Washington—from farmers to small businesses to seniors. "We are retired and on a very limited fixed income that means that now, we travel much less and we have to watch what we spend on groceries and other necessary items," said Mr. Bannie Bowman of Walla Walla.

That is why on Monday, August 18th, Congresswoman Cathy McMorris Rodgers will host a Seniors Listening Session and Resource Fair to help seniors deal with the high cost of energy. Area partners including SNAP, Avista Utilities and representatives from the Social Security Administration will be on hand to connect Eastern Washington seniors with the help available for them. Topics to be covered include:

- Ways to conserve energy and cut costs
- Assistance for seniors struggling with the rising price of energy
- Information from government agencies and community organization on issues affecting today's senior citizens

"I have heard time and again how hard it is for everyone in Eastern Washington, especially seniors, to afford the high cost of energy" McMorris Rogers said. "I thank all of the assistance organizations participating in Monday's event to help Eastern Washington seniors deal with high energy prices."

McMorris Rodgers favors an "all-of-the-above" energy policy. She is a co-sponsor of the American Energy Act which calls for increased conservation, investment in renewable energy like wind, solar and hydropower, as well as increased exploration of American energy.

Seniors Listening Session and Resource Fair 1:00 p.m.-3:00 p.m. Southside Seniors Activity Center 3151 East 27th Avenue Spokane, Washington 99223